

European Crime Prevention Award (ECPA) LUXEMBOURG

Please answer the following questions in English language.

1. Is this your country's ECPA entry or is it an additional project. (Only one ECPA entry per country plus up to two other projects)

It is the only ECPA entry for the Grand Duchy of Luxembourg (Police Grand-Ducale – PGD) for 2012.

2. What is the title of the project?

Self – Assertion Seminar : Active against violence



3. Please give a short general description of the project.

The idea to protect citizens against violence with an improved self-assertion is for Luxembourg a new way of prevention. Almost every day, we are facing different kinds of violence.

In the daily newspapers, we read everyday about war, terrorism, catastrophes, acts of violence, fatal accidents or we are confronted with different kinds of aggressions in our lives, family, at school, at work or on the road.

In the last 10 years the criminal statistics are constantly rising and the general tendency of violent acts in Europe and in Luxembourg is in progression.

Violence essentially exists in our close social range :

- in our family,
- in the partnership,

- in marriage
- at work
- in school
- on the road

Results of audits and criminal investigations show that a lot of citizens see delinquency as a personal harassment. We talk here about a subjective feeling of lack of security. This fear involves a deficit of quality of life.

The victimology distinguishes between primary, secondary and tertiary harms.

The primary damage are the injuries that are caused immediately through the crime act. The secondary harm appears by the contact with the Police, the department of public prosecution and the court.

There also is a tertiary infringement by psychological damages. The psychological damages are often so much worse than the material ones.

Our project is inspired by the national Police slogan: “Active for more security”

Our ambition is an educational advertising in question of a correct behavior in hazardous situations and the identification of dangers without increasing the anxiety.

Prevention is a challenge of our society, the reason why we have approached 8 governmental and non-governmental partners to put up this type of seminar.

The project “Self-Assertion Seminar – active against violence” is a cooperation which connects public, official and private resources. It is a joint venture of the professional competence from the Police, the expertise from the Ministry of Equality and specialised organisations in victim assistance and prevention.

The bureau of crime prevention of the Luxembourg Police trains the attendants of this course in cooperation with these 8 partners in the field of self-assertion.

Self-Assertion begins in one’s mind. The participants will learn to analyze every situation and to realize that a danger is imminent.

The program is composed by the following modules :

- Aspects of Behavioral prevention
- Coolness training in critical situations
- Self Defense
- The phenomenon of mobbing and how to react to it
- The use of videosurveillance in public spaces (CCTV)

- Victim assistance provided by public resources
- Victim assistance for women
- Information for authors of violence

The ambition of this project is to show the alternatives of handling, to realize the danger, to increase one's self-assurance, to boost the overall feeling of safety and finally to enhance the quality of life.

Self – Assertion is not a martial art or gives you the power to be invulnerable but it gives you a better chance to avoid an attack.

With a better self – assertion you can:

- realize a situation of danger in time
- react adequately to a threat
- handle the situation after a crime act

4. Please describe the objective(s) of the project?

The objectives of the project are:

- to show the alternatives of handling
- to realize the danger before it becomes a real threat
- to increase the self-assurance
- to boost the overall feeling of safety
- to enhance the quality of life

5. How was the project implemented?

The project was an idea from the bureau of crime prevention of the Police in Luxembourg. Each organisation or partner is offering their own programs since years but without working together. In 2011, the idea was born to approach the 8 governmental and non-governmental partners to propose a master plan in this field of behavioral prevention.

The training covers 14 units in a weekly rhythm. Each training takes between 2 – 4 hours.



6. Were partners involved in planning and/or development and/or implementation of the project? If so, who were they, and what were their roles?

The project has been planned by the crime prevention bureau of the Police of Luxembourg. Each partner offers in this project his personal work an presentation.

The project is currently financed by the Ministry of Equality and supported by Police internal service like CCTV (VISUPOL) or the Police Self Defense Club. Other partners from state services and private associations are SCAS (Consulting service for victims of the public prosecution office), Face to Face (Role play sessions confronting the participants with both physical and psychological violence), an Anti-Mobbing organisation, the information center for victims of domestic violence (“Femmes en Détresse”) and “Richt Eraus” (Contact point for agressors in order to recognize and remedy their behavior). A detailed description of some of the partners is joint (page 7 and following).

7. How did you build in plans to measure the performance of the project? Has the project been evaluated? How, and by whom?

The project undergoes a continous revision of the content by giving the graduated participants an anonymous postpaid evaluation form. Each course is followed by a detailed debriefing series with all the partners in order to improve or adapt the program for the next planned session.

8. What were the results? How far were the objectives of the project achieved?

By now the project has been attended by 176 people (2011-2012) from all social levels. Overall 117 women and 56 men from the age of 16 years to 84 years spent their leisure time in order to enhance their quality of life. Many of them even insisted to undergo further training. A waiting list for 2013 with more than 100 aspirants has already been dressed.

9. Give a concrete description of the implementation of the project and the references.

- See the joined press articles and the media documentation (Video promotion clip and pictures)

10. Are there reports or documents available on the project? In print or on the Web?
Please, give references to the most relevant ones.

The project has been initiated with a press conference which can be found on the Internet:

http://www.police.public.lu/actualites/a_connaitre/ordre_public/2010/11/20101124-pressekonferenz/index.html

A leaflet has been worked out in french and german language (see annexe) and was distributed among the population. Publicity was also diffused via radio (RTL Luxembourg) and television.

The link of one diploma award session in presence of the minister of equality and the Chief of Police :

http://www.police.public.lu/actualites/a_connaitre/ordre_public/2011/04/20110411-projet/index.html?highlight=selbstbehauptung

As mentioned in 9., a video clip has been produced.

11. How is the project funded? Has a cost-benefit analysis been carried out? If so, how?
What were the findings? Please provide supporting information.

The project is currently funded by the ministry of chances equity. The sum of 5000 EUR per year covers the pedadogic material distributed to the participators and the fees for certain extern experts (see above 6.). Special gadgets in form of a whistle with wristband and a foldable pencil are also distributed. The attendance to the project for the participants is free of charge.

12. Please, write a *one page* description of the project:

Results of audits and enquiries shows us, that a lot of citizens see delinquency as a personal harassment. We talk about a subjective feeling of lack of security. This fear involves a deficit of quality of life.

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Short description of the partners involved :



Phoenix asbl was founded in 2007 by André Feller and other committed social pedagogues. The association offers Anti-Aggression Training and coolness training in outpatient or inpatient work with offenders. The current team consists of professionals in the social work, psychology, Self-Defense Prevention managers and coaches. Phoenix also offers Europe-wide high quality training on violence prevention and the treatment of intensive offenders. There are train-specific training offered to professionals in de-escalation, prevention and self-assertion. Our clientele consists of private citizens, police and people who in the security sector and in social activities are.



Central social assistance services - Victim Help Service “SAV” (division of general attorney)

The service provides support to all victims (children, adolescents, adults) who suffered physical and/or psychological harm as a result of crime or a delinquent act. Such as theft with violence, threats, domestic violence, sexual aggressions, rape, assault and battery, sexual abuse, murder, psychological/sexual harassment and “stalking” (obsessional harassment). The service also helps the relatives of the victims who had to share their suffering and supports witnesses of crime. He offers psychological counseling and psychotherapy for victims, informs them of their rights and the judicial procedure. The service assists them during the victim compensation procedure (Ministry of Justice) and helps them throughout the penal trial. Finally the service offers a therapeutic group for victims of domestic violence.



Riicht Eraus is a service of the Luxembourg Red Cross that works with perpetrators of domestic violence. The goal is to reduce violence at its source by leading the perpetrator to take responsibility for the violent behavior and acknowledge emotions and feelings. Our clients are men and women with a minimum age of 17. We give/offer

consultations in several languages: Luxembourgish, French, Portuguese, German and English.

There are two types of clients who visit our service: those who come voluntarily because they have become self-aware that their behavior is unacceptable and have a desire to change, and those who have been mandated by law to change their behavior and become a non-violent person. We give both individual and group consultations. We are diligent about creating effective and coherent groups and pay attention to several criteria: same gender, homogeneous themes (violence against a partner or violence against children) and same socio-economic cultural background. Consultations generally initiate in a series of once-a-week meetings over a 6 month period. Clients who are willing to can, of course, extend their treatment.



VISAVI- Vivre Sans Violence (live without violence) - Counselling center for women

Visavi is a service of the NGO Femmes en Détresse, approved and authorized by the Ministry of Equal Opportunities.

The objectives in the Visavi are:

Social objectives:

1. Violence prevention through:
 - Information/education about the topic of domestic violence
 - Presenting structural conflict resolution models
 - Strive for an equal partnership
 - Support of a force-free education
2. Support of victims of domestic violence
3. Sensitization, further training for the topic of domestic violence

Visavi offers a psychological support for women:

- who feel threatened in their intimate relationship

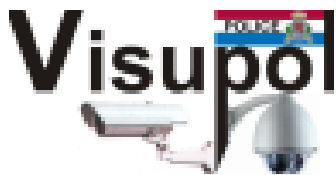
- who experience violence in her intimate relationship (psychological, physical, sexual, economic violence)

Visavi offers:

- Legal information (divorce, separation, domestic violence,...)
- Information and support in administrative steps
- Specific support for victims of domestic violence: safety planning, theoretical explanations (for example: cycle of violence..), lodging in a shelter for women

Other activities of Visavi:

- Sensitization about domestic violence: conferences, information sessions in schools,...
- Trainings about domestic violence for professional groups: police cadets, social workers, hotline volunteers,...
- Participation in meetings about violence against women (for example: V-Day,...)
- Organisation of seminars for the target group of Visavi
- Organisation of support groups for victims of domestic violence



VISUPOL (Video SURveillance of the Luxembourg POLice)

On November 2007, CCTV Surveillance (VISUPOL) has been established in 3 areas of the City of Luxembourg. Currently 76 CCTV Surveillance cams are operative in those 3 areas.

The main goals of this CCTV Surveillance are:

- 1.) to intensify the feeling of security (for the citizens of the City of Luxembourg)
- 2.) to protect the people and their belongings
- 3.) to intensify the battle against all kind of narcotics
- 4.) to secure the way to school and station (train, bus, etc)

Those 3 areas are located at:

1. Central Train Station
2. Aldringen Central Bus Station
3. Parking lot Glacis and the municipal park

Our unit has participated in the project SBKFM with the idea to sensitize the citizens about the purpose and goals of the CCTV Surveillance and to showcase to the citizens the obtained results in the course of the 5 last years.

Mobbing

fondé(e) par le LCCGB et Syprolux

Mobbing a.s.b.l. (Luxembourgish Association against moral harassment and stress at work)

This organisation has been founded in 2001 by 2 syndicates (LCGB and SYPROLUX) to protect, in a first step, their members against these phenomenons.

Activities:

- Information campaigns
- Courses and seminars to staff delegates/representatives
- Individual consulting and guidance for mobbing victims
- Negotiations of anti-mobbings clauses in collective work contracts
- Sensitization about the subject for politicians and heads of firms



Self-Defense Club of the Grand-Ducal Police

This organisation is composed by members of the Police interested in martial arts and self defense techniques. The club regularly offers courses and trainings for civil participants (i.e. non-police force members).

Pictures (during the practical part of the seminar) :











