



Project title:

**To live prepared as a visually impaired**

Main theme:

Helping blind and partially-sighted persons to develop their self-defense abilities

Project purpose and outcome (in two sentences):

In order to help blind and partially-sighted persons the National Crime Prevention Council of Hungary prepared a special crime prevention program to teach these vulnerable people to develop their self-defense abilities.

Project submitter (Member State):

Hungary

Project leader(s):

National Crime Prevention Council

Project partner(s):

National Institute for Blind Persons

Nursery Schools, Primary Schools, Special Vocational Schools, Unitary Methodology Institute and Youth and Children's Home for Blind Persons

Project description (max. 150 words):

Increasingly more and more people suffer a stroke, from illnesses or accidents which can cause worsening vision or even blindness. These people would like to continue with their lives but their changed situation brings new challenges for them. It is necessary to relearn how to use traffic, the everyday routine, and a new area appears: self-defense. They have to prepare themselves for the fact that they are more exposed to dangers.

For this reason, the National Crime Prevention Council of Hungary prepared a special crime prevention program for blind and partially-sighted persons. The Council would like to teach them to develop their self-defense abilities through trainings. These trainings put great emphasis on avoiding theft, robbery, tricky thieves and teach proper and safe credit



card usage. In connection with internet safety, the Council would like to direct their attention to the risks of false information, shopping and social networks. The addiction and safety of entertainment are important topics for young people especially.

The trainings provide opportunity to develop the participants' self-knowledge and the identification of their own resources. Based on these practices, they may get ready for dangerous situations with the use of the practiced alternative acts. The programs run in special training schools for blind and partially-sighted persons and also in the State Institute for Blinds.

The participants have evaluated the program as a positive experience and indicated their intention to participate in future programs as well. The long-term aim of the National Crime Prevention Council is to spread this method by preparing the specialists dealing with blind and partially-sighted persons to hold similar trainings to these at-risk groups.

Objectives of the project (max. 150 words):

Prepare blind and partially-sighted persons – as potential victims – to recognize possible emergency situations and develop their self-defense abilities.

Project outcome (max. 150 words):

After the training blind and partially-sighted persons will be able to recognize emergency situations, to choose the optimal prevention method and to use it as a skill.

Start and end project:

The project started in spring 2016 and the implementation is ongoing.

Timescales and key milestone dates:

The project contains two trainings a month.

In August 2016 some specialists together with blind and partially-sighted persons took part in a training. During that they learned new aspects and methods, so they can share them in their institute and adopt them in their work.

Funding (total budget and type of funding (e.g. ISEC, EUCPN Fund,...)):

Total budget: 1.260.000 HUF

The National Crime Prevention Council finances 100 % of the budget.



Contact details project:

The project is connected with the rehabilitation and integration project of the National Institute for Blind Persons.