

Project implementing  
by  
ŠKP BRATISLAVA  
(Police Sports Club)  
Slovak Republic

presented by  
Lubomir Orosz &  
Peter Druga



**Mental Welfare of Children through Sport**



# Who we are

- **Civil Association** under Act No.83/1990 Coll. on association activities of citizens
- Established in **June 1990** (sporting activities since 1952)
- **10 sports clubs**, whose members were/are **representatives of Slovakia**, the **Olympics, World and European champions or medalists** in
  - Handball
  - Water Slalom and Downhill
  - Speed Canoe
  - Figure Skating
  - Sport Shooting
  - Box
  - Badminton
  - Foot Race
  - Taekwondo
  - Sport Shooting and Self-defense Section
- **Main activities** - provide care and development of
  - sport talented youth
  - performed and top-level sport activities
  - sport representations of the Slovak Republic and the Ministry of Interior
  - recreation and leisure sport and massive sport activities
- **Since 2005** - project **Mental Welfare of Children through Sport**



Bedminton



Bežecký oddiel



Box



Hádzaná



Krasokorčufovanie



Rýchlostná kanoistika



Športová strelba



šoss



Taekwondo Ryong



Vodný slalom a zjazd



PARTNERI ŠPORTOVÉHO KLUBU POLÍCIE BRATISLAVA



ARCHÍV

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[www.skpbratislava.sk](http://www.skpbratislava.sk)



# Why this project



**Motto:**

***„Sport teaches children and young people in a short time to cope with feelings of success and failure“***

- to attract school-age children - children to **regular sporting competition** and a **regular sporting activities**
- to create regular **year-by-year competition system in sport** supporting by **more attractive and informative accompanying actions**
  - **sport** (healthy body + clear and balanced psyche)
  - **media** (write only about the best - the need to write about how to become the best, how much it costs them time and hard working)
  - **youth** (unattainable patterns - often subject to the helplessness and indifference)
  - **culture** (also helps develop the soul and psyche of the individual – but bulvar problem indirectly focusing on promoting violence, drugs and street gangs occultism)





# What's trying this project to learn the youth

## FAIR PLAY RULES:

- perceive the opponent as a partner
- fight with the opponent in accordance with the rules & respect the rules everytime
- helping weaker teammate
- don't spoil sport
- unfair advantage to resign
- respect the decision of "leaders,,
- respect (recognize) the performance of all players
- be restrained after the victory and to cope with defeat





# How is implementing the project

## DODGEBALL



**CATEGORY A: Elementary Schools 1st-2nd Class (7-8) – boys & girls together**

- 2 tourneys within School Year Period (autumn, spring)

**CATEGORY B: Elementary Schools 3rd-4th Class (9-10) – boys & girls together**

- 4 tourneys within School Year Period (2x autumn, 2x spring)

## MINI-HANDBALL

**CATEGORY C: Elementary Schools 3rd-4th Class (9-10) – boys & girls together**

- 4 tourneys within School Year Period

**CATEGORY D: Elementary Schools 5th–6th Class (11-12) – boys & girls together**

- 4 tourneys within School Year Period

**CATEGORY E: Elementary Schools 6th-7th Class (12-13) – boys & girls together**

- 4 tourneys within School Year Period

**CATEGORY F: Elementary Schools 8th-9th Class (14-15) – boys & girls teams separate**

- 2 tourneys within School Year Period





# Project Phases

## DODGEBALL

1st phase - tourneys within Bratislava Region

2nd phase – methodology and organisation support for tourneys within Districts and other Regions

3rd phase – national level competition



## MINI-HANDBALL

1st phase - tourneys within Bratislava Region

2nd phase – methodology and organisation support for tourneys within Districts and other Regions

3rd phase – national level competition





# **Project Guarantors, branch & methodology support**

- \* Mgr. Miroslav Lakatoš - psychologist**
- \* Dr. Patrik Javorčík - medical doctor**
- \* Assoc.Prof. Ján Hianik, PhD. - methodology &  
university teacher**
- \* Mgr. Štefan Katušák - coach, Olympics Game 1976  
participant (Handball - 7th place)**



# Financing

- \* 8 800 € - average annual costs for organisation
- \* financing mainly from own private & financial resources of marketing and promotional partners



# Accompanying Activities



- presentation of police activities (incl. also cyber-crime & internet protection problems)
- top-level sportsman & sportswoman introduction and photo/book signings
- meetings with sport celebrities
- sport photos and sport souvenirs
- IT trainings for children and PC games
- **significant synergy effect: Youth for Youth (handball juniors & young sport(wo)man – preparation & implementation stages, sport jury, ...)**



# What the project already done



Dodge Ball

Year	2005/06	2006/07	2007/08	2008/09	2009/10	2010/11
Dodge Ball 3.-4. year (8-10 years old)	2 tournaments 20 teams	2 tournaments 20 teams	2 tournaments 30 teams	2 tournaments 20 teams	2 tournaments 20 teams	2 tournaments 37 teams
	480 Pupils	480 Pupils	720 Pupils	480 Pupils	480 Pupils	890 Pupils
Dodge Ball 1.-2. year (6-8 years old)	2 tournaments 20 teams	2 tournaments 20 teams	2 tournaments 20 teams	2 tournaments 20 teams	2 tournaments 20 teams	2 tournaments 20 teams
	480 Pupils	480 Pupils	480 Pupils	480 Pupils	480 Pupils	480 Pupils



# What the project already done



## Mini Handball

Year	2005/06	2006/07	2007/08	2008/09	2009/10	2010/11
Mini Handball 1.-4. year (6-10 years old)			4 tournaments 14 teams 400 Pupils	4 tournaments 14 teams 400 Pupils	4 tournaments 14 teams 400 Pupils	4 tournaments 15 teams 420 Pupils
Mini Handball 5.-6. year (10-11 years old)		6 tournaments 10 teams 400 Pupils		4 tournaments 12 teams 400 Pupils	4 tournaments 12 teams 400 Pupils	4 tournaments 15 teams 420 Pupils
Mini Handball 7.-8. year (12-13 years old)					3 tournaments 6 teams 150 Pupils	3 tournaments 6 teams 150 Pupils
Handball 8. -9. year (14-15 years old)						2 tournaments 8 teams 200 Pupils

Total  
10 350 children  
34 schools



# Project Web Info



## HÁDZANÁ

[ŠKP BA](#)[HISTÓRIA](#)[FOTOGALÉRIA](#)[KONTAKTY](#)[E-Shop  
ŠKP BA](#)[Seniori](#)[Dorast](#)[Žiaci](#)[Prípravka](#)[Oznamy](#) [Hľadať](#)

Hádzaná | Športom za duševné zdravie detí

## ŠPORTOM ZA DUŠEVNÉ ZDRAVIE DETÍ

Projekt „Športom za duševné zdravie detí“ je zameraný na rozvoj a popularizáciu športu medzi školopovinnou mládežou v Bratislave a v širšom okolí. Organizátorom je Športový klub polície Bratislava, ktorý sa dlhodobo venuje práci s deťmi a mládežou už od 5 rokov a svojimi kreatívnymi projektmi podporuje pohybové aktivity na školách.

### PROJEKT „ŠPORTOM ZA DUŠEVNÉ ZDRAVIE DETÍ“ TURNAJE

- vo vybíjanej (1. a 2. ročník ZŠ; 3. a 4. ročník ZŠ)
- turnaje v minihádzanej (prvý stupeň ZŠ)
- turnaje v minihádzanej 5. a 6. ročník ZŠ; 7. a 8. ročník ZŠ)
- školy si môžu vybrať termín, na ktorý sa prihlásia
- prihlásiť sa môžu kedykoľvek, aj uprostred rozbehnutého ročníka
- nemusia odohrať celý ročník

### CIELE

- motivácia k pohybu
- rozširovanie základne detí so záujmom o šport
- od 6 do 15 rokov, chlapci aj dievčatá
- tisíce športujúcich detí, vyše 35 zapojených škôl
- sedemročná tradícia

### INFORMÁCIE A PRIHLÁŠKY

- Róbert Barta, 0902 93 77 45, [barta@skpba.sk](mailto:barta@skpba.sk), [hadzana@skpba.sk](mailto:hadzana@skpba.sk)
- [www.skpbratislava.sk](http://www.skpbratislava.sk), v sekcii „Hádzaná“

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### VYBÍJANÁ

1. turnaj vo vybíjanej 1.-2. ročník ZŠ  
25.11.2011

[Výsledky](#)[ďalej](#)

### MINIHÁDZANÁ

1. Turnaj v minihádzanej  
19.10.2011 [výsledky](#)

[ďalej](#)

### PROJEKT PODPORILI

[ďalej](#)

[http://www.skpbratislava.sk/?page=hadzana&sub=sportom\\_za\\_dusevne\\_zdravie](http://www.skpbratislava.sk/?page=hadzana&sub=sportom_za_dusevne_zdravie)



... other photos





***Thanks for Your Attention !***

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