1. Project title

“Let’s talk about health and new threats”

2. Main theme

Counteracting drug addiction

3. Project purpose and outcome (in two sentences)

- Reduction of poisoning of drug (about 30 % in region)
- Informing about legal changes

4. Project submitter (Member State), project leader(s) and project partner(s)

- Prevention Department of the Provincial Police Headquarters in Szczecin
- Provincial Sanitary and Epidemiological Station

5. Links to the project’s website or online reports/publications (preferably in English)
6. Short summary of the project (max. 100 words)

The program is mainly focused on social education in the area of security. The program is not a program about psychoactive substances but a program to prevent their use. The program is implemented by policemen, representatives of poviat sanitary and epidemiological stations, teachers - educators. Students registered for the project participate in a series of 6 thematic meetings. The education concern of knowledge about the effects of using new drugs. Students learn how to be assertive and defend themselves against the pressure of teenagers. The project teaches current legal liability and how to provide first aid to a person who is poisoned by a drug. Each school can take part in the next part of the project. The theater review has been part of the project for 5 years. Each school can present a performance during which it talks about the problems of youth with addiction. The best performance in the region is awarded.
7. Project description

The program was created as a result of an increase in intoxication with new drugs. A large number of poisonings carried fatalities. People did not realize how poisoned substances end up in their children. The government was preparing legal changes. It was necessary to take action to inform about the threat and potential dangerous effects. Teenagers were in danger. The pressure of colleagues, risky behavior and no parental activity also supported risky behavior. The Police and partners decided to act. Schools that participate in the project direct youth to specially developed educational activities. Classes are conducted by police, psychologists, health educators. The lessons are designed in detail and are part of youth training. At the end of the lesson, the school can show a theatrical performance showing how to avoid drugs. Performances are part of the provincial competition. The best performance received the main prize. It is shown to school children and parents. This is how young people show their knowledge about drug abuse.

8. Project objectives

Information on new threats, their consequences for life and health, limiting the number of people reaching for who use drugs. Involving parents in activities to prevent child addiction. Providing knowledge about current legal changes in the area of responsibility for the possession of prohibited substances.

9. Project outcome

In 2018, 85 poisonings with new drugs were reported. There were 10 deaths in this number. In 2019, 13 cases of intoxication with new drugs were reported. In this number one person died. In the last edition 246 schools took part in the project 13,727 students, 487 teachers, 6,314 parents were trained. During the project, 20 poviat eliminations and a provincial theater review were done. 57 theater groups took part in them.

10. Start and end project, timescales and key milestone dates

The project starts in September and ends in June. It is implemented during the school year in Poland. Lessons are conducted in the first semester. Theater review in the second. The new edition of the project will start in September.

11. Funding (total budget and type of funding (e.g. ISEC, EUCPN Fund,...))
The project is financed by the Provincial Sanitary and Epidemiological Station. The whole budget is approx 2 000 euro per year.

12. Evaluation

Monitoring of the implementation of the program is carried out immediately after educational activities with young people. A questionnaire was created for the project. Questions diagnose students’ knowledge. Participants in the questionnaire indicate possible areas that should be verified and supplemented in the future. Finally, participants indicate an emoticon showing general feelings after participating in the lesson.

13. Contact details project

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