

Project title:

GRAB – GRup de suport pentru femei ABuzate – Support group for abused women

Main theme:

Support for women and girl above 14 years who have suffered any forms of abuse or are in risk of suffering abuse

Project purpose and outcome (in two sentences):

The purpose of this project is to offer support for girls and women in risk of being abused (any form) or have been abused in their lives.

The outcome: our beneficiaries are informed about all aspects of abuse (psychologically, legally, self-defense), toughed self-defense, and have the opportunity to find understanding and recovery in support groups organized once a week live and once a week online.

Project submitter (Member State):

Felicia Hrihorişan

Project leader(s):

Felicia Hrihorişan and Andrea Veres

Project partner(s):

Felicia Hrihorişan (Satu Mare County Police officer – Crime Prevention Department), Edita Enciu (Manager of Erhard s Castel Association), Csaba Nyeste (Sensei at Okinawa Dojo Satu Mare), Veres Andrea (Psychotherapist at Equilibrium Psi)

Project description:

This project has been born from the desire to offer as much information on the topic , moral, psychological and self-defense support as possible to women and girls above 14 years that have been abused or have lived an abusive situation or are in risk of being abused in any way possible: verbally, emotionally, physically, sexually. It has started at the initiative of Felicia Hrihorişan(Satu Mare County Police – Crime Prevention Department) and Edita Enciu (Erhard s Castle Association). All partners involved are voluntary workers each offering in the project what they can do best: the association offers space to hold group sessions, sensei Csaba Nyesti offers 12 self-deffense clases, Felicia Hrihorişan helps with work group support, promoting GRAB in national and international community, Andrea Veres is offering the psychological support groups live and online and maintenance of facebook page and website.

Objectives project:

- information in the purpose of identifying abusive situation and risky situation (both personal and for another person)
- self-defense techniques is addressed not just to women and girls above the age of 14 that have suffered any form of abuse but also to women and girls above the age of 14 that are in risk of being abused (potential victims specifically of sexual violence)
- psychological support in the form of group work (both live and online)

- legal information at request

Project outcome:

Healing abuse-caused traumas through self-defense classes and support groups, community information campaigns, high-schools information campaigns, promoting gender equality guidelines, preventing gender violence regarding both girls and boys/women and men

Start and end project:

Start project: 6 march 2018 – this project does not have an established end time.

Timescales and key milestone dates:

Each week:

- Thursday 16:00 – 17:30 live support group
- Sunday 19:00 – 20:30 online support group
- Tuesday 18:00 – 20:00, Thursday 18:00 – 20:00 and Saturday 11:00 – 13:00 self defense classes

03 October 2018 Volunteer festival – promoting GRAB

05 October 2018 County school program coordinators information and promoting GRAB

November 2018 – June 2019 High-school prevention campaigns

25 November 2018 Information and prevention event on the occasion of The international day of fight violence against women

December 2018 – Promoting GRAB in Public Order Department of Satu Mare County Police officers

Each year: 6-8 march yearly anniversary of the project and celebration of women rights

Funding (total budget and type of funding (e.g. ISEC, EUCPN Fund,...)):

At the moment all project activities are sustained voluntarily by all project partners and expenses with promoting materials were sustained by Satu Mare County Police.

Contact details project:

GRAB Romania

Phone: 0758.734.795

Email: grabromania@gmail.com

Website: www.grab-ro.blogspot.ro

Facebook Page: GRAB – Grup de suport pentru femei abuzate