

### Young people live everyday life online!



- □ What do young people do online?
- ❑ What responsibility do adults have?
- How do we combine the needs of young people in their own sphere with the needs of adults wanting to be involved ?

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#### A unique national initiative

Bringing together authorities, companies and non-profit organisations





## **Our core beliefs**

- Be present in your child's everyday life online!
- In school, talk about the youth's everyday life online
- Responsible adults are also needed online
- □ Learn more on www.surfalugnt.se

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## **Examples of Activities**

#### Lectures by experts & members



#### Advocacy activities

- ✓ Opinion articles
- ✓ Seminars within the Swedish Parliament and other places

#### Our website surfalugnt.se

- $\checkmark$  Source of information about young people online
- ✓ Gathers Sweden's top experts for sharing advice
- ✓ Ask our experts
- Raise awareness among adults about young people's daily life online
- ✓ Providing information material in 12 different languages

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### The Surfa Lugnt Prize /Safer Internet Day



- Awarded yearly prize SEK 25 000
- Highlights positive initiatives linking young people and adults online
- Winner presented on the European Safer Internet Day
- The winner is highlighted as a good example in various forums

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#### **Some member activities**



#### Telenor

- ✓ Offers #nätprat to raise awareness and engage customers/adults to be present in young people´s everyday life online
- The card deck helps you ask the right questions

#### mySafety

✓ Yearly award: Angel Online

#### Com Hem

✓ Com Hem-kollen, a survey about digital health and attitudes online

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## 8 tips

#### - In twelve different languages

Le ternengo džes pe Interneto- oxto zakonori kaj ažutil tot te ankles maj prinžardo ande džela

La vida diaria de los jóvenes en Internet: ocho consejos para involucrarse más

زیندهگی لاوان للمسلر نینتارنیت - هاشت رین نما که بارمانیت دهدات بو ناموهی زیاتر ده رگیر بویت.

Jiyana rojane ya ciwanan li ser Înternetê – heşt pêşniyazên ku ji daxilbûna te re dibin alîkar

حياة الشباب اليومية على الإنترنت - ثمان نصائح لتساعك على أن تصبح أكثر مشاركة

Ungas vardag på internet – åtta tips som hjälper dig att bli mer delaktig Youngsters and what they get up to on the Internet – eight tips on how to become more involved

Svakodnevnica mladih na internetu – osam savjeta koja će vam pomoći do većeg sudjelovanja

Codzienność młodzieży w Internecie – osiem wskazówek, które pomogą Ci w niej uczestniczyć

روزانه نوجوانان پشت اینترنت - هشت پندی که به شما کمک می کنند تا بیشتر در جریان امر باشید

> Nolol maalmeedka da'yarta ee interetka: siddeed talo oo kaa caawinaya in aad qayb weyn ku yeelato

Nuorten arki internetissä – kahdeksan vinkkiä vanhemmille

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# 8 tips

- on how to become more involved with children's life on the internet

- 1. Put time aside every day to talk to your children about the Internet
- 2. Be bold enough to set limits
- 3. Be curious!
- 4. Teach yourself
- 5. Establish common rules
- 6. Help by registering a complaint if something happen
- 7. Set a good example
- 8. Be there!



