1. Project title
„I have a choice... I choose sense“

2. Main theme
Psychoactive drugs among young people, threats from psychoactive substances

3. Project purpose and outcome (in two sentences)
The increase of knowledge in the area of threats related to the use of psychoactive substances and prevention and combating the phenomenon of demoralization in the environment of children and youth is the main goal of the program. The program include trainings for teachers, education for parents and other preventive actions.

4. Project submitter (Member State), project leader(s) and project partner(s)

| Project submitter (Member State):       | Poland        |
| Project leader(s):                     |               |
| Head of Department of Prevention       |               |
| Provincial Police Headquarters in Bialystok |         |
| The Chief Maciej Sylwester Zakrzewski |               |
| Cooperating partners:                  |               |
| Medical University of Bialystok        |               |
| Faculty of Biology and Chemistry, University of Bialystok |   |
| Board of Education in Bialystok        |               |
| Provincial Sanitary and Epidemiological Station in Bialystok |   |
| Center for Prevention and Therapy for Adolescents and Adults in Bialystok ETAP |   |

5. Links to the project’s website or online reports/publications (preferably in English)

6. Short summary of the project (max. 100 words)
To work against addictions among children and young people requires a comprehensive approach, both through the involvement of representatives of different environments and undertaking interdisciplinary activities. The actions of the project are taken regarding to minors in connection with drug delivery and deployment. Therefore, it is justified to:
- education of young people and educators, parents and legal guardians in the fight against addictions, which is an important element in the awareness of the legal and social consequences of the subject matter, education and dissemination of information about the phenomenon,
- forming the awareness of the young generation in the field of threats related to the use of psychoactive drugs should be a permanent element in the education of children and adolescents.

7. Project description

Project description:
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- forming the awareness of the young generation in the field of threats related to the use of psychoactive drugs should be a permanent element in the education of children and adolescents.

8. Project objectives

Objectives project:
- increasing the awareness of parents / legal guardians regarding the risks associated with psychoactive drugs,
- increasing the awareness of children and teenagers the legal responsibility of minors in the area of committing punishable offenses and demoralization,
- education of the teaching staff in the procedures of conduct of teachers in the case of disclosure of a student who is under the influence of psychoactive substances or who has such means,
- increase in the detection of minors revealed under the influence of psychoactive drugs and deeds from the category of drug crime committed by minors

9. Project outcome

Project outcome:
The number of meetings in the period January - December 2018 in the province Podlasie:
- meetings with parents or legal guardians (legal aspects in the area of threats related to psychoactive drugs) – 340 meetings (9.385 receivers)
- meetings with teenagers (legal responsibility of minors in the area of committing punishable offenses and demoralization) – 2.083 meetings (38.495 receivers)
- meetings with teachers (procedures for the conduct of teachers in the case of disclosure of a student who is under the influence of psychoactive drugs or who has such means) – 1,049 meetings (6,247 receivers)

Together with Gimna Łapy, the project "Freedom of choice - an educational program in the field of counteracting pathologies among children and youth" was prepared under the "PROGRAM FOR LIMITING CRIME AND FORESTAL SAFEGUARDS TOGETHER TO SAFELY them. Władysław Stasiak for the years 2018 - 2020 ". The theater art "MY CHOICE = MY LIFE" was prepared. Art talks about the dangers to which a young person is exposed (including access to psychoactive substances, drugs, alcohol). The aim of the performance is to popularize knowledge and prevent risk behaviors among children and adolescents.

The University of Białystok plays a significant role in the project. We co-organize trainings and conferences with English Division students. By exchanging experiences, we teach how to react to minors, so as not to reimaginate them secondarily.

10. Start and end project, timescales and key milestone dates

11. Funding (total budget and type of funding (e.g. ISEC, EUCPN Fund,...))
The project is financed from own resources and funds acquired from the program's partners.

12. Evaluation
The evaluation will be carried out based on the verification of adopted indicators measuring the implementation of the assumed program objectives. As part of the evaluation, the following will be carried out:
- secondary analysis of statistical data coming from police information systems,
- analysis of the content of reports sent in a semi-annual system from KMP / KPP province Podlasie from the project implementation,
- analysis of documentation gathered during the project confirming the implementation of specific activities.

13. Contact details project
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15-003 Białystok
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